



A MINUTE OF HEALTH WITH CDC

Get Ticks Off

Tularemia in Humans — Missouri, 2000–2007

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

If your summer plans include the great outdoors, beware of a potential hazard. The bite of an infected tick can result in serious illness and even death. Illnesses caused by a tick bite often include flu-like symptoms. Two diseases carried by ticks are Tularemia and Lyme disease. A common symptom of Lyme disease is an expanding circular rash.

People who camp, hike, or engage in activities in wooded areas should use tick repellent, wear protective clothing, and check for and remove ticks on their bodies. Animal owners should check their pets for ticks.

If you've been bitten by a tick and are having flu-like symptoms, see your healthcare provider immediately.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.